

ON THE GO PHYSIO

PATIENT INFORMATION:

Name: _____

DOB: _____ Sex: M F Phone number: _____

Email address: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Employer name: _____

Occupation: _____

Emergency Contact: _____ Phone: _____

Relationship to patient: _____

How did you hear about On The Go Physio: _____

Referring physician: _____

Primary care physician: _____

QUESTIONNAIRE:

Reason for PT (i.e. which part of body): _____

Describe your issue in detail, including when it started and whether it was due to an injury:

Previous history of this issue? If yes, please describe: _____

Have you had any scans or diagnostic tests (i.e. x-ray, MRI): _____

Have you had any prior treatments for this condition (PT, chiropractic, injections, massage):

ON THE GO PHYSIO

PAST MEDICAL HISTORY AND REVIEW OF SYSTEMS

PLEASE CIRCLE ALL THAT APPLY. YOU MAY ADD ADDITIONAL COMMENTS AS NEEDED IN THE SPACE BETWEEN SECTIONS

General/Constitutional:

Change in appetite	Chills	Fatigue
Fever	Headache	Lightheadedness
Sleep disturbance	Weight gain	Weight loss
Night sweats		

Allergy/Immunology:

Cough	Itching	Rash
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Ophthalmologic:

Blurred vision

ENT:

Difficulty swallowing	Sore throat
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Endocrine:

Cold intolerance	Difficulty sleeping	Dizziness
Excessive thirst	Frequent urination	

Respiratory and Cardiovascular:

Chest pain	Palpitations	Irregular heartbeat
Shortness of breath		

Gastrointestinal :

Decreased appetite

Hematology:

Easy bruising Prolonged bleeding

Musculoskeletal:

Painful joints Swollen joints Leg cramps
Joint stiffness Sciatica

Peripheral/Vascular:

Ulceration of feet

Skin:

Skin cancer

Neurologic:

Low back pain Memory loss Seizures
Tingling/Numbness Balance difficulty Gait abnormality

Psychiatric:

Suicidal thoughts Eating disorder

Medical History: (circle one)

Pregnant, or possibly pregnant: Y N

History of cortisone or steroid injections: Y N

General health rated as: Excellent Good Fair Poor

Family History:

Father: Living Deceased

Medical conditions: _____

Mother: Living Deceased

Medical conditions: _____

Social History:

Marital Status: Single Married Divorced Widowed

Alcohol Consumption: # of drinks per week _____

Smoker: Y N

Chews Tobacco: Y N

Drug Use in Past 12 Months: Y N

Physical Activity Level:

Inactive – sedentary lifestyle

Moderate – household activities, gardening, walking

Active – moderate exercise 1-3x/wk

Vigorous - regular (3-5x/week) vigorous exercise and/or sports activity.

Activities: _____

Medications: _____

Height: _____ Weight: _____

Surgical History:

Surgery: _____ Date: _____

Surgery: _____ Date: _____

Surgery: _____ Date: _____

Surgery: _____ Date: _____

Surgery: _____ Date: _____

Surgery: _____ Date: _____

Hospitalization History:

Reason: _____ Date: _____

Reason: _____ Date: _____

Reason: _____ Date: _____

Reason: _____ Date: _____

Reason: _____ Date: _____

Allergies:

List all allergies you may have, including those to medications

Signature: _____ Date: _____

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THERAPY CONSENT FORM

Consent for Evaluation

By signing below, the patient gives the therapist permission to evaluate their condition and determine a plan of care based on the referring physician's order/diagnosis.

It is up to the patient or caretaker to inform the therapist about any health problems or allergies the patient may have. The patient or caretaker must also tell the therapist about drugs or medications being taken as well as any medical conditions and/or surgeries.

During an evaluation the patient will undergo a physical exam, including the health history and certain testing that may include: posture, movement, flexibility, muscle testing, joint motion, memory, as well as overall physical performance.

Consent for Treatment

By signing below, the patient gives the therapist permission for treatment. It is a patient's right to accept or refuse any treatment offered. There are no guarantees made regarding the results that may be obtained from treatment and benefits of treatment may be realized gradually overtime.

Please discuss any questions or problems with the therapist before signing the statement of understanding and consent for care.

Patient Declaration

The therapist has explained to me the treatment for my condition, the expected benefits and complications possible, any discomfort or risks that may arise, as well as alternatives to the proposed treatment and the risk and consequences of no treatment. I have been given an opportunity to ask questions, and all my questions have been answered to my satisfaction. I confirm that I have read and fully understand this consent policies form.

I have read and understand the foregoing explanation of rehabilitation/therapy care given to me. I hereby give my consent for the therapist or therapy assistance or techs (under direction of a therapist) to render treatments to me.

THERAPIST RIGHT TO REFUSE TREATMENT

A therapist reserves the right to refuse treatment for any reason, including if they feel unsafe.

Patient/guardian signature: _____ Date: _____

Relationship to patient: _____

Witness: _____ Title: _____

ON THE GO PHYSIO

COMMUNICATION PREFERENCES

Preferred Contact Information

Primary Telephone: _____ Cell _____ Home _____ Work _____

Secondary Telephone: _____ Cell _____ Home _____ Work _____

_____ OK to leave message with detailed information

_____ Leave message with call back number only

Text and email have an inherent risk of PHI (protected health information) potentially being compromised. Despite this, most patients prefer the ease of communication with text or email. Please check below to consent communication via text and email.

_____ OK to communicate via text

_____ OK to communicate via email

_____ encrypted email only

I understand that I have the right to change this authorization at any time.

Patient/Guardian Signature: _____ Date: _____

ON THE GO PHYSIO

PERMISSION TO RELEASE MEDICAL OR FINANCIAL INFORMATION

Patient Name: _____ DOB: _____

We respect your right to indicate who you prefer that we involve in your treatment or payment decisions and/or who we share your information with, including information about your general medical condition, diagnosis, and scheduling of appointments. Please update this information promptly if your preferences change.

I authorize the release of information to:

Name: _____ DOB: _____ relationship: _____

Name: _____ DOB: _____ relationship: _____

Name: _____ DOB: _____ relationship: _____

☐ Check here if you do not want your information released to anybody

I understand that I have the right to change this authorization at any time.

Patient/Guardian Signature: _____ Date: _____

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PATIENT RESPONSIBILITY FOR THERAPY SERVICES

On The Go Physio is a cash based practice, and does not accept insurance. Acceptable forms of payment include cash, check, and credit/debit card.

- Rate is \$125/hour.
- Discount rate is \$100/hour (with purchase of 3 hour package)
- Billing is done in 15 minute increments. Session times are rounded up/down based on the time clock method of billing.

For example:

Session Time

8-22 minutes = 15 minutes billed

23-37 minutes = 30 minutes billed

38-52 minutes = 45 minutes billed

53-67 minutes = 60 minutes billed

68-82 minutes = 75 minutes billed

83-97 minutes = 90 minutes billed

These prices are all-inclusive, and there is no additional cost for exercise bands or tape applications.

PAYMENT IS DUE AT TIME OF SERVICE

I, the patient or guardian, have read this form and fully understand my financial responsibility as it pertains to therapy services and any additional charges I may incur.

Patient/Guardian signature: _____

Witness: _____ Date: _____



Texas Board of Physical Therapy Examiners

**333 Guadalupe, Ste 2-510
Austin, Texas 78701-3942**

**512/305-6900 • 512/305-6951 fax
<http://www.ptot.texas.gov>**

Physical Therapy Treatment without Referral Disclosure

Please read carefully and acknowledge below:

I understand that physical therapy treatment without a referral will be based on the physical therapist's examination and evaluation of my current condition which may result in identification of movement and mobility dysfunction.

I understand that the physical therapist will not diagnose an illness or disease, and that physical therapy is not a substitute for a medical diagnosis.

I understand that if a medical diagnosis has already been established by a qualified healthcare practitioner, the physical therapist will take it into consideration during the evaluation process.

I understand that the physical therapy plan of care developed by the physical therapist may not be based on radiological imaging.

I understand that if images have previously been obtained, the physical therapist may use the information as part of the evaluation process.

I understand that if the physical therapist identifies a need for radiological imaging, the physical therapist may recommend that radiological imaging be obtained.

I understand that my health insurance may not cover physical therapy services if provided without a referral from a qualified healthcare practitioner.

I acknowledge that I have received the above disclosure.

Patient Name (print): _____

Signature of Patient or Legal Representative

Date

If Signed by Legal Representative, Print Name and Relationship to Patient

ON THE GO PHYSIO

Parental Authorization for Physical Therapy Services

Name: _____ DOB: _____

Parent/Guardian: _____ ☐ Parent ☐ Legal Guardian

Physician: _____ Date: _____

I hereby give authorization for my child to be seen by the physical therapist with or without a parent or legal guardian present. This authorization includes performance of any diagnostic, therapeutic, or other necessary physical therapy services as deemed appropriate by the treating physical therapist and/or physical therapy assistant.

Parent/ Legal Guardian's Signature _____ Date: _____